



CDRA Rules, Terms, Release of Liability and Code of Conduct

Risks, Rules, Terms and Declaration/Agreement:

1. Rowing has unavoidable risks, including but not limited to hypothermia and drowning.
2. Participating in rowing is physically demanding, including but not limited to: heavy lifting, rowing, cold water immersion/survival swimming. Rowers are responsible for self-testing and seeking medical advice before beginning if needed.
3. Rowers must adhere to boating regulations and all rules, By-laws and the Constitution of the CDRA.
4. Fees must be paid in full before going out on the water. If CDRA equipment gets damaged or broken by a member, a fee of \$100 will be charged to that member. If the member does not pay the fee, they will be banned from the club indefinitely. Fees paid to CDRA will not be returned.
5. CDRA, Coach(es) and Executive may make or amend rules, develop schedules or impose limitations on the use of equipment or facilities for: safety reasons, or to promote club development or activities.
6. Smoking is prohibited on the wharf, in the dories and in the shed. Rowers are responsible for their visitors.
7. Any equipment stored in the shed shall be done so at the owner's risk. The CDRA will not be responsible for Damaged, Missing or Stolen equipment.

Canadian Dory Racing Association (CDRA) Privacy Policy

CDRA promotes rowing as a lifelong sport for fitness, skill development, competition, fun and friendship. The Club is a community-based organization and offers opportunities to row to a wide range of community members. Rowing is one of Canada's oldest sports and a long-standing tradition in Lunenburg. Those who have participated in it over the years have built its reputation for good sportsmanship. The discipline and teamwork required to excel at rowing promote values that are traditional to the sport and an example for life excellence, fairness, integrity, mutual respect and individual responsibility. Rowers and coaches will pursue the sport of rowing while paying regard to their responsibilities to other rowers and the CDRA. Any information received from a member will not be distributed or used in any way unless agreed upon between the member and the association within this contract.

CDRA Code of Conduct

Responsibilities to the Association:

Rowers shall:

1. Conduct themselves in a manner that ensures respect for the rower and the CDRA
2. Show respect to opponents, athletes and coaches
3. Use Club equipment as directed, with care and will not knowingly put equipment at risk of being damaged
4. Act to keep the shed in a clean and tidy condition and to protect the shed and its contents from damage and theft
5. Recognize the executive as the authority over the association's policies, procedures and financial affairs
6. Pay all fees in a timely manner
7. When possible, assist the association in a voluntary capacity, especially with respect to fundraising.

Responsibilities to Others:

Rowers shall:

1. Conduct themselves in a manner that contributes to a positive, sporting atmosphere
2. When in a crew, work with other crew members to assure the safety of the rowers and equipment
3. Recognize the coach as the authority over decisions on crews, practices and safety
4. Follow instruction of the coach
5. Take appropriate action when a safety hazard is identified.

Initial all boxes to agree to the terms

☐

I have read and agree to abide by the CDRA Rules, Terms, Release of Liability and the Code of Conduct.

☐

I, _____, declare that:

- I am medically fit and well prepared to participate in rowing related activities.
- I will act only in ways that ensure my safety, the safety of all others, and the protection of the property of the Association and its Members.

☐

I have read and understand the Risks, Rules and Terms and agree to accept every risk and abide by all rules and terms

☐

I also agree to hold the CDRA, its employees, officers, members and associates, blameless for every injury or harm; and for loss or damage to every property, however caused.

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I grant permission to CDRA to post my name and images (still or video) on their website and social media channels in relation to rowing schedules, dory races, results/statistics, award ceremonies, club promotion or other Club or rowing related events.

Signature: _____
Applicant OR parent/legal guardian if applicant is under the age of 18.

Email: _____

Date: _____

Witness: _____

☐ **Try rowing** (This is to allow potential members to try rowing a max of 3 times before joining as a member – Tuesday evenings only) **Free**

☐ **Junior Member Membership** (Age < 19 years before May 1st) (all Equipment Included) **Free**

☐ **Row Club Membership** (Age 19+) (All Equipment Included) **\$100**

☐ **Social Membership** (no access to rowing, social events only) **\$25**

EMERGENCY CONTACT INFORMATION:

Name: _____

Address: _____

Phone: (H) _____ (W) _____ (C) _____

No refunds for Membership except for medical or other exceptional circumstances.

(All Members Are Required to Fill Out A Liability Waiver)